

Statistics Report 09129, Grapes, muscadine, raw
[a](#)

Report Date: June 30, 2017 11:05 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water <a href="#">1</a>	g	84.29	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Energy	kcal	57	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2012
Energy	kJ	238	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2012
Protein <a href="#">1</a>	g	0.81	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Total lipid (fat) <a href="#">1</a>	g	0.47	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Ash <a href="#">1</a>	g	0.50	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Carbohydrate, by difference	g	13.93	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2009
Fiber, total dietary <a href="#">1</a>	g	3.9	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Sucrose <a href="#">1</a>	g	0.57	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Glucose (dextrose) <a href="#">1</a>	g	3.67	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Fructose <a href="#">1</a>	g	3.92	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lactose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Maltose <a href="#">1</a>	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Minerals													
Calcium, Ca <a href="#">1</a>	mg	37	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Iron, Fe <a href="#">1</a>	mg	0.26	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Magnesium, Mg <a href="#">1</a>	mg	14	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Phosphorus, P <a href="#">1</a>	mg	24	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Potassium, K <a href="#">1</a>	mg	203	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Sodium, Na <a href="#">1</a>	mg	1	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Zinc, Zn <a href="#">1</a>	mg	0.11	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Copper, Cu <a href="#">1</a>	mg	0.119	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Manganese, Mn <a href="#">1</a>	mg	1.973	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Vitamins													
Vitamin C, total ascorbic acid <a href="#">2</a>	mg	6.5	2	--	6	7	1.0	--	--	1	Analytical data from the literature, partial documentation	--	06/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Riboflavin <a href="#">2</a>	mg	1.500	2	--	1.2	1.8	1.0	--	--	1	Analytical data from the literature, partial documentation	--	06/2013
Folate, total <a href="#">1</a>	µg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Folate, food <a href="#">1</a>	µg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Vitamin A, RAE <a href="#">1</a>	µg	3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Carotene, beta <a href="#">1</a>	µg	39	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Carotene, alpha <a href="#">1</a>	µg	1	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Cryptoxanthin, beta <a href="#">1</a>	µg	1	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Vitamin A, IU <a href="#">1</a>	IU	67	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Lycopene <a href="#">1</a>	µg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Lutein + zeaxanthin <a href="#">1</a>	µg	64	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2009
Lipids													
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015

Sources of Data  
<sup>1</sup>Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 10j, 2006 Beltsville MD  
<sup>2</sup>, BJ Ector Compositional and Nutritional Characteristics, 2001 Muscadine Grapes pp.341-367

Footnotes  
<sup>a</sup> Includes analysis of Higgins, Jumbo, and Roanoke varieties.